

Dorn Method Advanced Training Course Outline

Recommended Hours (Course Duration): 16 to 18 hrs (2 days)

Administration

Introduction

Academical Part:

- Explanation of the Dorn Method incl. History, legal considerations, international developments, Variations and Advancements in Germany.
- Review of the necessary basic anatomy and physiology with new aspects.
- Connections to TCM and Meridian Science
- Connections to Non-Physical Healing Theories

Practical Part:

- Review of the complete Dorn-Therapy in Segments with Demonstration and Hands-on treatment of the students sharing roles. (Following the original Dorn Method as taught by Dieter Dorn before and Helmuth Koch and Hildegard Steinhauser)
- The very gentle (newest) version of the Dorn Method as Dieter Dorn is teaching it now in his seminars for Therapists. (Suitable for Lay-Healers and Family-Treatments but also for Professionals)
- Advancements and special techniques developed by other Dorn Method Teachers

Day 2:

- Review of Day 1 with Question and Answer Time
- Complete Treatment under supervision, of a 'real' patient that the student will bring to the workshop or if no patient is available a co-student.
- Review of the critical points: Cervical Spine, Sacrum and others
- Treatment of Children and Infants
- Treatment of Animals (Pets and larger animals)
- Self Help Exercises
- Additional Exercises incl. Advices on Sitting, Sleeping, Stretching, Training, Posture etc.
- Products developed to help the Therapist
- The Breuss Massage (Review and Variations) (optional, time permitting)

This ends the advanced seminar!

Donation of Certificates (Dorn Method advanced Therapist)

Photos and social part

This Course outline is a recommendation only and follows the teaching principles of the International Dorn Method Instructor Thomas Zudrell DMS, MD(AM)

- The Student can then be listed as Therapist in the official Dorn Practitioners Listing at www.dorn-method.com and other Therapist Directories (Conditions may apply!)
- Listing in the Therapist Directory requires individual assessment of the students experience and a written recommendation from an authorized Dorn Method Instructor